

# The Stutton Standard

January 2020

Edition no 18

## Stutton raises over £400 for Martin House

In December the Social Committee nominated Martin House as their Christmas charity. An innovative idea from Julie Cully provided the first fund raising effort as the phone box was converted into a large Christmas card, passing on festive messages to neighbours and friends.

Julie came up with the idea to help save on paper waste, whilst raising money for the children's hospice. In total 23 panes were bought raising a fantastic **£235!**



The second event was organised by Michelle Hilton and the Pop-up-pub volunteers on 20<sup>th</sup> December. A festive sing-along with plenty of mince pies, mulled wine and Christmas cheer.

Michelle, on piano, was accompanied by Adam MacKenzie on bassoon to keep the singers on track. A wonderful night was had by all and we raised a further **£175!**



**Martin**  
**House**  
children's hospice



# STUTTON ROUND-UP

Towards the end of last year we saw flurry of events including another successful wreath making evening organised by Christine and Phil Roberts raising **£360** for the village hall.

Santa visited Stutton for our Christmas gathering and lights turn on with Garforth Brass Band again playing some festive favourites.

On New Year's Eve Stutton celebrated in style with fun, food, music, dancing and a quiz.

Thank you to everyone that makes these events possible either by organising, volunteering on the day, or attending and making them such a success.



## THANK YOU!

A couple of big **THANK YOUs** need to go to **Kathy and Peter Stubbings** for raising **£420** for the village hall from the sale of their fantastic homemade crafts (left) and to **Nicola from Vanilla Interiors** for donating the beautiful curtains which I'm sure you will agree make the hall a much nicer space to be in.



*AVAILABLE TO HIRE*  
(at reasonable rates)

*For all your events; Parties, meetings, clubs  
or training sessions.*

*For details or to book please contact:*

**stuttonvillagehall@gmail.com**

# Thrifty roadsweeper leaves £237,000

Whilst going through her Christmas decorations, Stutton resident Gill Lodge came across this article from 1996 featuring a story on Horace Brown...

*A former roadsweeper has left £237,034 in his will, including £2,000 to the village church and £100 for his friends to buy a few pints in the local.*

*Horace Brown, 78, a widower, kept the streets of Tadcaster clean for 18 years. He lived alone in the nearby village of Stutton and he and his horse Dolly, with her red cart, were a familiar sight until he retired in 1977.*

*Friends were unaware that he amassed so much money and put it down to hard work and thrift.*

*Mike Chiswick, the landlord of the Hare and Hounds said: "He was very careful with his money, but also very kind. He lived a very simple life" One regular said that Mr Brown was usually too busy telling stories to buy a round.*



**Horace Brown with Dolly**

*Bobby Knowles, 72, who lives 100 yards away from Mr Brown's bungalow said: "He was a bit of a wheeler dealer in cattle and other livestock.*

*"He loved his job and everyone loved him because he was always singing little ditties and telling stories to the children.*

*"He didn't play the stock market or invest in property. I remember helping him to chop firewood one weekend and expecting to get paid. I was a little taken aback when he paid me in logs!"*

**Beetle**   
**Drive**

**Friday 3 April**  
**6:30pm**

This year instead of the Easter treasure hunt we have decided to organise a **Beetle Drive on Friday 3 April**. Why not come along to the village hall and kick-start the holidays with this fun family dice game? There will be Easter egg prizes as well as refreshments and bar available. Tickets include a pie and pea supper or hotdogs (veggie options available)

**Tickets cost £2 (adult) £1 (child)**

**Please book in advance for catering purposes**

**Tickets available at pop-up-pub or contact**

**[stuttonsocialcommittee@gmail.com](mailto:stuttonsocialcommittee@gmail.com)**

# Stutton Spring Clean

**Sunday 1st March** - KEEP STUTTON TIDY (Spring Clean).

Part of the nationwide initiative to get communities together and sort out the litter problem at the same time. Sadly, we do have an issue, be it items blown from the A64, inconsiderate drivers passing through the village and disposing of their fast food purchases, or littering in the woods - there is always plenty to collect.

It does happen to be a rewarding thing to do and the village hall is open as the base for refreshments and being kitted out for the task. We aim to set people on their way between 10-12 that day but it doesn't have to end there.



## Gardening Group – Starting again in April

Enjoy gardening or being outside? Come along to the village hall on the first Tuesday of the month (2pm) and help keep the village hall garden and other communal areas tidy. **Starting Tuesday 7th April**. Trips and garden visits arranged throughout the year, look in phone box for details. All welcome, keen gardeners or complete beginners.

The Garden group maintains the village hall gardens but volunteers to help with grass cutting (anytime) are always welcome (even as a one-off)  
email [kittycat@sky.com](mailto:kittycat@sky.com) or text Elaine on 07801886135.



## Stutton Strollers (Walking Group)

The Strollers will be setting off on their first walk of 2020 on the **18<sup>th</sup> February** up to Hazlewood Castle. Anyone who would like to join us please meet at the village hall at **1:30pm**.

Details of future walks will be advertised in the phone box



# Meditation by Sue Dunham



Meditation is like exercising: it needs practice. To meditate we need to practice the skills of awareness and acceptance. These are skills that we use every day although we may not be in the habit of recognising them.

We particularly need awareness and acceptance when we're not feeling so good about ourselves (and that is not so easy). I find practicing them in meditation to be important but not the only way. Just noticing awareness and acceptance in day to day life is helpful and a good preparation for meditation. You can find introductory talks with short meditations on my page on the popular Insight Timer app, just search on my name. If using an app is not an option for you then there are other opportunities to learn meditation with me. You can start waking up your awareness skills now with a meditation now!

This meditation develops a sense of feeling that is more than knowing where each part of your body is and whether it is moving or still.

- Take your attention to the big toes, let it rest entirely on the life of these toes. How do they feel? Can you feel the life in the toes? Travel from the nail on the surface and go deep into the bone. Feel their full length, from the tip to back to where they originate in the ball of the foot.
- Do the same for the second toes, finding them by going sideways from the big toes.
- Continue for the third, fourth and little toes and with each one travel to it by going sideways
- Then feel all the toes together, being sure to include their origins in the ball of the foot.

Are you surprised by how much you can feel? And was your mind willing to engage in this task rather than start up a narrative? The mind will want to go about its normal business of thinking rather than resting on the life of the toes. It will resist being present for the duration of this exercise and come up with questions (why are you doing this?), diversions (your back hurts) and alternatives (you need to make a shopping list now).

Keep coming back to the focus of the meditation – the felt sense in the toes. Not just once or twice, as many times as you need to. This is a helpful meditation to ground yourself and calm the mind. I hope you enjoy it.

**Chinese exercise and meditation - Every Tuesday, 6.45 to 7.45pm in The Barn, Tadcaster. Contact Sue 0772 961 7471**

**Tai Chi for beginners - Every Monday 4 to 5pm. Venue to be decided.  
Contact Sue 0772 961 7471**



# Granny P's recipe corner – Tiramisu

Well Christmas is over but if you are missing the indulgences of the festive season why not try out this tiramisu recipe to help with those winter blues...



## Ingredients

6 Egg yolks  
150 g caster sugar  
150 ml milk  
300 ml double cream  
½ teaspoon vanilla extract  
500g mascarpone cheese  
60ml strong filter coffee  
(room temperature)  
4 tablespoons rum (or  
more if required!)  
175g boudoir biscuits (or  
trifle biscuits)  
1 tablespoon cocoa  
powder

## Method

1. In a medium saucepan, whisk together egg yolks and sugar until well blended. Whisk in milk and cook over medium heat, stirring constantly, until mixture boils. Boil gently for 1 minute, remove from heat and allow to cool slightly. Cover tightly and chill in refrigerator for one hour.
2. In a medium bowl, beat cream with vanilla until stiff peaks form. Whisk mascarpone into yolk mixture until smooth.
3. In a small bowl, combine coffee and rum. Split biscuits in half lengthways and drizzle with coffee mixture.
4. Arrange half of soaked biscuits in bottom of an 18 x 28cm dish. Spread half of mascarpone mixture over biscuits, then half of whipped cream over that. Repeat layers and sprinkle with cocoa. Cover and refrigerate for 4 to 6 hours until set.

If you have any family favourite recipes and you would like to share them with us all, please email them to [stuttonsocialcommittee@gmail.com](mailto:stuttonsocialcommittee@gmail.com)



## VOLUNTEERS NEEDED

After nearly three years of renewed activity in the Village Hall, it is now showing signs of wear and tear. So, we are looking for volunteers who can give up a few hours over the weekend of April 25<sup>th</sup> – 26<sup>th</sup> to give the place a lick of paint and a bit of a spring clean. All materials supplied –



just come along in your painting clothes!



# Red Kite Talk – 26 February, 7-9pm



Stutton Social Committee in partnership with the Yorkshire Red Kite Association have organised an evening of information on Red Kites at the village hall. We have seen a large rise in the number of these magnificent birds over Stutton recently so if you would like to find out more about them please come along.

**Tickets cost £2.50 (under 16s are free)**

**Bar and hot food available**

**Please book in advance for catering purposes.**

**Contact [stuttonsocialcommittee@gmail.com](mailto:stuttonsocialcommittee@gmail.com)**

**Tickets available at pop-up-pub, via the SSC email or call to book direct with Mike on 07831388752**

## PARISH COUNCIL - VACANCY

There is currently a vacancy for one member of the Parish Council for the remainder of the 2019 - 2023 term. The Council hopes to fill this vacancy by co-option at its meeting on 13 February 2020.

Anyone considering joining the Council is invited to get in touch with any of the Councillors for further information. Contact details may be found under the Parish Councillors tab on the Parish council website - [www.stuttonpc.org.uk](http://www.stuttonpc.org.uk)

Any residents interested in filling the vacancy are asked to indicate this by sending not later than Monday 3 February, a brief CV and statement of their interests and qualifications for the position to the Clerk, Mrs Gill Kitchen, 6 Wood Lane, Thorpe Willoughby, Selby, YO8 9PT or by e-mail to [clerkstuttonpc@gmail.com](mailto:clerkstuttonpc@gmail.com).

## SSC VISIT YAA!

On 7 December representatives from the Social committee were invited along to the Yorkshire Air Ambulance (YAA) base at Nostell Priory to take a look around and present a cheque for £1708.80, proceeds from the racenight held in September.



# Upcoming Events

Date	Event	Venue
26 Feb, 7-9pm	Red kites talk	Village Hall
1 March, 10am-12pm	Stutton Spring clean	Village Hall
3 April, 6:30pm	Easter Beetle drive	Village Hall
25/26 April	Village hall painting	Village Hall
8 May	VE day event	Village Hall
20 June	Village fete	Weedling Gate field



## Stutton Be-Aware Text service

*To register please text your name  
and address to 07395 106180*

## Diary of regular events

**Pop-up-pub** – Every Friday from 6:30pm at the Village Hall

**Table Tennis** – Every Tuesday 7:30-9:30pm, Village Hall (over 16yrs only)

**Stutton Strollers football team** – Tadcaster Grammar school, Tuesday evenings 8.00-9.00pm, 50 weeks a year. Cost is £4, or reduced rate of £3 if in education or over 60. Aimed at 35yrs + but 16yrs+ welcome with parent. Contact Charlie 07388 227414 for more information.

**Gardening Club** – Every 1st Tuesday of every month, 2pm at the Village Hall.

**Choir** (Ladies only) – Every 2nd Monday of the month, 8pm at the Village Hall or St Marys Church, Boston Spa (if in doubt contact Social Committee for details)

**Bridge club** – Every Thursday, 7:30pm at the Village Hall

**Book club** – Every 1st Tuesday of the month, 8pm, Village Hall meeting room

**Walking Group** – Meet outside the Village hall 3rd Tuesday of the month. Details of future walks in phone box or contact Jan (07929073199)

**Stutton Social Committee meetings** – every 3rd Thursday of the month 7:30pm, Village Hall meeting room, everyone welcome

**Stutton Parish Council meetings** – Every 2nd Thursday of the month, 7:30pm, Village Hall meeting room

## Local links

*Electronic copies of the Stutton Standard and notes from the social committee meetings can be found on the Parish Council website.*

<http://www.stuttonpc.org.uk>

Facebook search Stutton village, Twitter - @StuttonVillage'

**Stutton Social Committee** – [stuttonsocialcommittee@gmail.com](mailto:stuttonsocialcommittee@gmail.com)